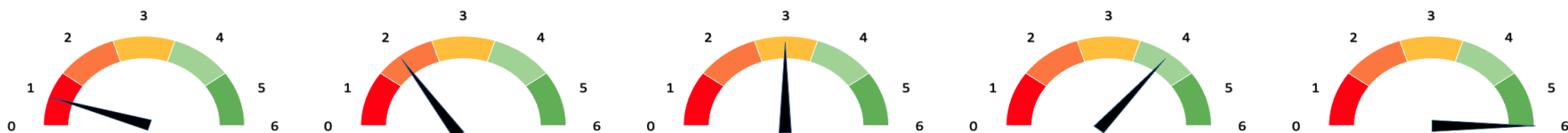


District 191 Athletics & Activities

Dial Approach



ATHLETICS

<p>Dial at '0' – Groups 1 & 2: Unsafe to continue with in-person activities. No in-person meetings, practices, or competitions. Virtual coaching only.</p> <p>Dial at '1' – Groups 1 & 2: In-person, individual skill and drills only. Students must not engage in direct competition with teammates or coaches during practice, and must adhere to social distancing during practice. Only conditioning and individual development activities allowed.</p>	<p>Dial at '2' – Group 1: Allowed to compete. No spectators for indoor events. Limited to 2 family spectators at outdoor events.</p> <p>Dial at '2' – Group 2: Allowed to practice. Limited drills in small pods. Limited intra-squad competitive activity within practice.</p>	<p>Dial at '3' – Group 1: Allowed to compete. No spectators for indoor events.</p> <p>Dial at '3' – Group 2: Full team practices. Competitive activity allowed within practice. Intra-squad scrimmages allowed.</p>	<p>Dial at '4' – Group 1: Allowed to compete. Limited spectators allowed for all competitions, indoor and outdoor.</p> <p>Dial at '4' – Group 2: Allowed to compete. No spectators allowed.</p>	<p>Dial at '5' – Group 1: Allowed to compete. Spectators allowed for indoor and outdoor events per MDH guidelines.</p> <p>Dial at '5' – Group 2: Allowed to compete. Limited spectators allowed.</p> <p>Dial at '6' – Groups 1 & 2: Allowed full competitions. No spectator restrictions.</p>
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Group 1: Individual sports in nature / no direct contact with opponent – Alpine Ski, Competitive Cheer, Dance Team, Nordic Ski, Olympic & Power Weightlifting and Boys Swim & Dive (Virtual).
Group 2: Team sports involving direct contact with opponent – Adapted Floor Hockey, Basketball, Hockey, Boys Swim & Dive - In-person meets and Wrestling.

ACTIVITIES

<p>Dial at '0' – All Performing Arts and Activities move completely to virtual, no in-person meetings, practices, rehearsals, etc.</p> <p>Dial at '1' – No singing or dancing. Allow walking through blocking and running dialogue (distance with masks) in the building. Pod sizes of 10.</p>	<p>Dial at '2, 3 or 4' – Group practices and rehearsals in small groups and pods not to exceed 25. Allow groups to engage in activities while practicing appropriate physical distancing, including use of masks. Video recording options are available for future broadcast. Appropriate social distancing with masks when singing (12 feet).</p>	<p>Dial at '2, 3 or 4' – Group practices and rehearsals in small groups and pods not to exceed 25. Allow groups to engage in activities while practicing appropriate physical distancing, including use of masks. Video recording options are available for future broadcast. Appropriate social distancing with masks when singing (12 feet).</p>	<p>Dial at '2, 3 or 4' – Group practices and rehearsals in small groups and pods not to exceed 25. Allow groups to engage in activities while practicing appropriate physical distancing, including use of masks. Video recording options are available for future broadcast. Appropriate social distancing with masks when singing (12 feet).</p>	<p>Dial at '5' – Group performance maintaining pod-distancing while performing to a small audience (size of audience TBD based on spacing and measurements of the facility).</p> <p>Dial at '6' – Allow for full practices, rehearsals and performances with a full audience.</p>
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