

School-Based Services

WHAT ARE SCHOOL-BASED SERVICES?

Headway's School-Based Services help children and families to achieve lasting results and skills for life by directly addressing school success, truancy, mental health and chemical abuse through support, advocacy and case management.

Being at the school means our staff is readily available to our young clients, their families, and school faculty and staff who might need to refer a student in emotional distress. Through assessment and treatment, plans are created to identify and eliminate blocks that interfere with optimal functioning.

Having easy access to a trained mental health practitioner can help a struggling child deal with concerns as they arise, and can lead to marked improvements in attendance, behavior and academic success.

ARE PARENTS INVOLVED?

Parents start at Intake sharing information with the therapist, and learning about the process. They review and sign treatment plans developed for their child, and participate in family therapy as needed. Parents are kept up to date on progress by the therapist.



ARE TEACHERS INVOLVED?

Teachers consult with therapists, make referrals, and with a signed release, are updated on a need to know basis about how therapy will impact the child in the classroom.

ARE GROUPS AVAILABLE?

Groups can be formed on an as-needed basis with collaboration with the school. Ask the Headway therapist at your child's school about current offerings.



COMMON QUESTIONS

- **What is the typical length of treatment?**

4-8 months, typically on a weekly basis or more frequently as needed.

- **Does therapy interfere with their school day?**
It might, but therapists try to schedule sessions around important core classes.
- **What happens during the summer?**
Services continue through summer as needed.

FEES

Services may be covered by private insurance and medical assistance. Families may have a co-pay with private insurance. Sliding scale fees are also available based on need. Please call us for assistance in determining what options are available for you.

INTAKE PROCESS

Contact the Headway staff at your child's school for information about services and to schedule an intake.

FURTHER QUESTIONS?

Please contact our supervisor at **612-203-5067** for District 11, **612-798-8173** for District 191 or **952-212-9887** for all other schools.



SCHOOLS/DISTRICTS SERVED

- District 11 - Anoka-Hennepin Schools
- District 191 - Burnsville-Eagan-Savage Schools
- Lions Gate Academy
- Watershed High School
- Upper Mississippi Academy
- Bloomington Transition Center
- Hiawatha Academies
- MN Transitions Charter School



WE CAN HELP

Headway Emotional Health Services helps individuals and families in the Twin Cities Metro area. We are committed to our mission of improving the lives of children and families and strengthening our communities through services and programs for everyone who needs them, regardless of life situation.



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